

# LOVE PILATES?

## BECOME A BASI TEACHER!



## BASI PILATES TEACHER TRAINING PROGRAM

### INDIANAPOLIS, INDIANA

BASI Pilates provides a thorough education in Pilates through our Teacher Education Programs. Whether you are looking to gain knowledge in Pilates or become a fully credentialed teacher, there is a BASI Pilates program for you.

#### YOU WILL LEARN

- The extensive classical and contemporary repertoire
- The full complement of Pilates apparatus
- The trailblazing F2 System®
- BASI's universal teaching methodology; the BASI Block System™

#### PROGRAM DETAILS

##### MAT PROGRAM

**\$ 1099 USD**

Module 1-3 Jun 24-26, 2022  
Module 4-6 Aug 5-7, 2022

Begin your journey into the Pilates method covering the complete mat repertoire.



##### GRADUATE PROGRAM

**\$ 1999 USD**

Module 1-3 Sep 30 & Oct 1-2, 2022  
Module 4-6 October 28-30, 2022

Explore the intermediate and advanced exercise progressions on all apparatus while expanding your knowledge of Pilates theory and practice.



##### FOUNDATION PROGRAM

**\$ 2199 USD**

Module 1-3 Jun 24-26, 2022  
Module 4-6 Aug 5-7, 2022

Further your education into the Pilates method, covering the fundamental principles and basic exercises on the apparatus. Includes the full Mat Program.



##### PROBRIDGE PROGRAM

**\$ 2999 USD**

The ProBridge Program is taken in tandem with the above Foundation\* and Graduate\* programs. Would you like to transfer your current Pilates certification to an internationally recognized and respected BASI Pilates Teacher Training Certification?

Please contact [brandon@basipilates.com](mailto:brandon@basipilates.com) to be considered for this program.



**▶ REGISTER NOW**  
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