

LOVE PILATES BECOME A BASI TEACHER!



BASI PILATES TEACHER TRAINING PROGRAM

INDIANAPOLIS, INDIANA

BASI Pilates provides a thorough education in Pilates through our Teacher Education Programs. Whether you are looking to gain knowledge in Pilates or become a fully credentialed teacher, there is a BASI Pilates program for you.

YOU WILL LEARN

- The extensive classical and contemporary repertoire
- The full complement of Pilates apparatus
- The trailblazing F2 System®
- BASI's universal teaching methodology; the BASI Block System™

PROGRAM DETAILS

MAT PROGRAM

\$ 1099 USD

Module 1-3 October 14-16, 2022
Module 4-6 December 9-11, 2022
Begin your journey into the Pilates method covering the complete mat repertoire.



GRADUATE PROGRAM

\$ 1999 USD

Module 1-3 March 3-5, 2023
Module 4-6 April 28-30, 2023
Explore the intermediate and advanced exercise progressions on all apparatus while expanding your knowledge of Pilates theory and practice.



FOUNDATION PROGRAM

\$ 2199 USD

Module 1-3 October 14-16, 2022
Module 4-6 December 9-11, 2022
Further your education into the Pilates method, covering the fundamental principles and basic exercises on the apparatus. Includes the full Mat Program.



PROBRIDGE PROGRAM

\$ 2999 USD

The ProBridge Program is taken in tandem with the above Foundation* and Graduate* programs. Would you like to transfer your current Pilates certification to an internationally recognized and respected BASI Pilates Teacher Training Certification?

Please contact brandon@basipilates.com to be considered for this program.



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