

Welcome to our studio!



Find us online and the Mind Body App!

www.pilatesindyinc.com

Mat and Fitness Classes

8-in-8 Week Package	\$96.00
8-in-16 Week Package	\$105.00
Drop-in session	\$18.00
Monthly Unlimited Mat/ Fitness Classes	\$119.00
Introductory 14 day Trial Unlimited Mat/Fitness	\$39.00

Reformer/Equipment Classes

8-in-8 Week Package	\$200.00
8-in-16 Week Package	\$225.00
Drop-in Class	\$30.00
Introductory Drop-in Class	\$20.00

Combination Packages:

4 Mat & 4 Reformer in 4 Weeks	\$145
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Prices for private and semi-private sessions:

Private sessions: \$40-\$80

Semi-privates: \$30-\$55

Trios: \$20-\$50

Please note prices vary dependent on the experience level of your teacher and number of sessions purchased. Discounts are given for packages of 10 or more.

Please register in advance for all classes online.

Monday

6:00am	TRX
7:00am	Barre, Bands, and Pilates
10:00am	<i>Reformer/Springboard 2</i>
11:00am	<i>Reformer/Springboard 2</i>
1:00pm	<i>Reformer/Springboard 1/2</i>
5:00pm	Pilates 1/2
6:00pm	<i>Reformer 1</i>

Tuesday

10am	Pilates with Props
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Wednesday

6:00am	<i>Reformer 2</i>
9:00am	Pilates 1/2
9:00am	<i>Reformer/Springboard 2</i>
10am	<i>Reformer 1</i>
3:00pm	<i>Reformer/Springboard 1/2</i>
4:00pm	<i>Reformer/Springboard 2</i>
6:00pm	<i>Reformer 1</i>

Thursday

10am	Pilates 1/2
11:00am	<i>Reformer 1</i>
3:30pm	TRX
6:00pm	<i>Reformer 1</i>
7:00pm	Reformer/Springboards 1/2

Friday

6:00am	<i>Reformer/Springboard 1/2</i>
7:00am	TRX
9:00am	<i>Reformer 1</i>
10am	<i>Reformer 1/2</i>
10:00am	Teacher's Choice
11:00am	<i>Reformer/Springboard 2</i>

Saturday

11:00am	Pilates 1/2 Mat Mixer
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Want a class time you don't see on the schedule? Let us know and we can make it happen!